

A UGA Morning of

MINDFULNESS

FOR FACULTY, STUDENTS, STAFF, & THE ATHENS COMMUNITY



Presented by the Magnolia Grove Monastics

Order of Thich Nhat Hanh

<http://www.magnoliagrovesmonastery.org>

<http://plumvillage.org/about/thich-nhat-hanh/>

When: Friday, March 27, 2015

Where: Georgia Museum of Art

What: 9:30 a.m. - Welcome, Brief Meditation & Talk

10:45 a.m. - Walking Meditation

12:00 p.m. - Mindful Lunch Together (bring your own lunch and water)

For Questions: Dr. Jerry Gale jgale@uga.edu, Kate Morrissey

katemorrisseystahl@gmail.com or Dr. Sara Whitaker

saraKwhitaker@gmail.com

No charge for attendance. Space is limited.

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