Motivation:
The Portal to Engagement

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Questions?

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Think about a time when you were extremely motivated to learn something...

- *What* was it?
- *How* did you learn about it?
- *Why* were you so motivated?
4 C’s of Motivation

• Choice
• Control
• Challenge
• Collaboration
Expectancy x value model

Can they do it? Do they want to do it?
Vygotsky (challenge)

Zone of Proximal Development

- Comfort zone
- teaching zone
- twilight zone
Scaffolding

- Must keep them in the ZPD with scaffolding from a MKO

- Never frustrate them without assistance!
Csikszentmihalyi’s Flow Theory

• optimal challenge meets intrinsic value
How can we give them more...

• Choice
• Control
• Challenge
• Collaboration
Goal Setting

Short-term and long-term Goals must be:

• Realistic
• Believable
• Desirable
• Measurable
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